

MENU FOR THE MONTH OF FEBRUARY

01/02/2021

DAYS	BREAK FAST	LUNCH	SNACKS	DINNER	DAYS	BREAK FAST	LUNCH	SNACKS	DINNER
01.02.2021 MONDAY	IDLI+VADA	CHAPATI+KURMA	VEG BONDA	ROTI+SOUTH INDIAN CURRY	17.02.2021 WEDNESDAY	CHITRANNA	PURI+KURMA	CABBAGE VADA	PARATA+BLACK CHANA CURRY
02.02.2021 TUESDAY	SET DOSA	CHAPATI+KURMA	GOLI BAJE	JEERA RICE+DAL TADKA	18.02.2021 THURSDAY	PURI+BHAJI	CHAPATI+KURMA	VADA PAV	PANEER DUM BIRYANI+SALAD
03.02.2021 WEDNESDAY	PULIYOGARE	PURI+KURMA	MIX PODI	PARATA+CHANA MASALA	19.02.2021 FRIDAY	PULIYOGARE	PURI+KURMA	VEG BONDA	CURD RICE+CHUTNEY
04.02.2021 THURSDAY	PURI+BHAJI	CHAPATI+KURMA	BUNS	VEG DUM BIRYANI+SALAD	20.02.2021 SATURDAY	GHEE DOSA	CHAPATI+KURMA	BUNS	SOYA BIRYAN +SALAD
05.02.2021 FRIDAY	LEMON RICE	PURI+KURMA	BREAD+BUTTER+JAM	KUSHKA RICE+SALAD	21.02.2021 SUNDAY	BISIBELEBATH+UPPITTU+ AVALAKKI	PURI+KURMA	PODI	MINT RICE+SALAD
06.02.2021 SATURDAY	PLAIN DOSA	CHAPATI+KURMA	GHEE APPA	SEMIGE +VEG CURRY	22.02.2021 MONDAY	IDLI+VADA	CHAPATI+KURMA	ALOO BONDA	SEMIGE +VEG CURRY
07.02.2021 SUNDAY	RICE BATH+HESARU+ AVALAKKI	PURI+KURMA	TOMATO BATH	GHEE RICE+KURMA	23.02.2021 TUESDAY	MYSORE MASALA DOSA	CHAPATI+KURMA	ONION PAKODA	DUM BIRYANI+SALAD
08.02.2021 MONDAY	IDLI+VADA	CHAPATI+KURMA	SAJJIGE ROTI	JOLA ROTI+YENGAI	24.02.2021 WEDNESDAY	TOMATO RICE	PURI+KURMA	MISAL PAV	PARATA+HESARU CURRY
09.02.2021 TUESDAY	MASALA DOSA	CHAPATI+KURMA	SAMOSAS	ALOO DUM BIRYANI+SALAD	25.02.2021 THURSDAY	PURI+SAGU	CHAPATI+KURMA	GOLI BHAJE	VEG PULAV+SALAD
10.02.2021 WEDNESDAY	TOMATO RICE	PURI+KURMA	BONDA	PARATA+GREEN PEAS MASALA	26.02.2021 FRIDAY	RICE BATH	PURI+KURMA	PUFFS	APAM+VEG STEW
11.02.2021 THURSDAY	PURI+SAGU	CHAPATI+KURMA	CHATTAMBADE	BABY CORN BIRYANI+SALAD	27.02.2021 SATURDAY	SET DOSA	CHAPATI+KURMA	BREAD BONDA	MUSHROOM BIRYANI+SALAD
12.02.2021 FRIDAY	MASALA RICE	PURI+KURMA	PAV BHAJI	ROTI+SOUTH INDIAN CURRY	28.02.2021 SUNDAY	PONGAL+SHEERA AVALAKKI	PURI+KURMA	BANANA PODI	METHI RICE+SALAD
13.02.2021 SATURDAY	BUTTER DOSA	CHAPATI+KURMA	NOODLES	DAL KHICHDI					
14.02.2021 SUNDAY	PULAV+HESARU+ AVALAKKI	PURI+KURMA	SEMIGE BATH	PALAK RICE+SALAD					
15.02.2021 MONDAY	IDLI+VADA	CHAPATI+KURMA	AMBADE	APAM+VEG STEW					
16.02.2021 TUESDAY	ONION DOSA	CHAPATI+KURMA	DHAHI VADA	ALOO MUTTER BIRYANI+SALAD					

COMMON ITEMS:

EVERY FRIDAY PAYASAM FOR DINNER

FRUITS: TUESDAY, THURSDAY, SATURDAY

BREAK FAST: TEA, COFFEE, BADAM MILK, CHUTNEY, SAMBHAR

LUNCH : PICKLE, PAPAD, RICE, PALYA, SARU, DAL OR SAMBHAR, CURD

SNACKS: TEA, COFFEE, BADAM MILK

DINNER: PICKLE, RICE, PALYA, SARU, SAMBHAR OR DAL, BUTTER MILK